



PROCLAMATION

FIBROMYALGIA AND CHRONIC FATIGUE SYNDROME AWARENESS

May 12 – 18, 2019

WHEREAS the Fibromyalgia and Chronic Fatigue group of York Region's mission statement is to provide an informative and safe network for people living with Fibromyalgia and Chronic Fatigue Syndrome; and

WHEREAS over 900,000 people in Canada are affected by these conditions, about 3% of the population; and

WHEREAS in the last 30 years much has been learned about the often disabling symptoms of these conditions, yet many in our community still face discrimination, loneliness, lack of support and lack of accessibility; and

WHEREAS Fibromyalgia and Chronic Fatigue effect all body systems resulting in sever tiredness that is not relieved by rest, as well as wide spread pain of the nerves, muscles, joints and soft tissues; and

WHEREAS Fibromyalgia and Chronic Fatigue are chronic illnesses that have the potential to substantially limit function and impact the quality of life. There is no known cure for Fibromyalgia and Chronic Fatigue, medication along with gentle exercise and lifestyle changes can help with pain management.

THEREFORE BE IT RESOLVED THAT, the Corporation of the Town of Aurora, hereby proclaims May 1st – 7th, 2019 as Fibromyalgia and Chronic Fatigue Syndrome Awareness Week.

*Dated at the Town of Aurora
This 1st day of May, 2019.*